

Sample Argumentative Essay On Smoking

More and more countries and cities ban smoking here and there, in public places. According to various medical studies, smoking not only causes various health problems for a person, but also for every non-smoker close by. Even though people continue debating the pros and cons of the smoking issue, the reality is that a ban is the most appropriate and logical decision in case of smoking in public areas. Although there are some arguments on both sides, here are the solid reasons why the smoking ban is a must.

First of all, smoking, even outdoors, can cause various health problems, such as bronchial infections and asthmatic attacks even in non-smokers. This point is particularly crucial for nearly one million US people who suffer from chronic sinusitis, asthma, bronchial infections, and other conditions that have something to do with breathing.

Smoking hurts our environment. That's a fact. In addition to the fact that smoking is harmful to you and your family members, it actually hurts our ecosystem with all of its inhabitants. All the plastic filters, cigarette butts, and other elements of smoked cigarettes tend to pollute waterways, soil, and beaches. The most recent lab studies prove that such toxic compounds of cigarettes as pesticide residues and nicotine are harmful to fish and microorganisms.

In addition to some apparent damage being done by smoking, it is important to mention the cost of this dubious pleasure. The point is that smoking is like a financial trap for every person addicted to nicotine. As reported by the CDC, the financial burden that smoking puts on people keeps on rising, with nearly \$193 billion spent yearly in the US.

One of the things that many young women are concerned about is aging. Ladies tend to check their mirrors in order to see if they got new wrinkles and feel terrified when their doubts are confirmed. And this is the case when smoking should be mentioned as well. The reality is that one of the most significant causes of premature aging is nicotine. People who smoke on a regular basis are more likely to face early skin changes. As reported by the scientists of the American Academy of Dermatology, regular smoking causes a range of biochemical changes that push the process of aging. For instance, if you're a regular smoker, you contribute to depriving the living skin tissue of precious oxygen. As a result, blood can't reach your organs fast and easily.

In conclusion, it is clear from everything discussed above that smoking should be labeled illegal in all public places all over the globe. As a result, this would improve the state of health of every person or animal, and that is more than enough.